

PARC DE LA RAUZE
25-29 AOÛT



2021 WORLD TOUR ★ MONTPELLIER



INTERVIEW WITH DAVID ÅHMAN AND JONATAN HELLVIG, WINNERS OF MONTPELLIER WORLD TOUR 2020

1. How did your team story start?

We started playing together at the beginning of the season 2018. We played the youth continental cup and won, which was the beginning of our team story.

2. How many people are in your staff? How does the whole team work together?

It's us two and our coaches Rasmus Jonsson and Anders Kristiansson.

3. Your team has a real friendly image with your attitude and your smiles, do you work on this positive language ?

Hahaha I think it's just who we are, it's nothing we really work on but we always try to be positive and friendly.

4. In Sweden, people don't have a lot of sun, especially in winter... How do you do to play beach volley ?

We practice snow volleyball the whole winter. Okay no, we actually practice at an indoor beach volleyball center or somewhere abroad, usually in the Canary Islands.

5. According to you, is the beach volley a lifestyle ? Why ?

For us it is definitely a lifestyle. To travel the world and spend most of your time on the beach is not exactly mundane. For us it's the dream life.

6. The beach volley can be very difficult mentally, but you have always a relaxed attitude on the court... What is your secret ?

Haha of course we get nervous as well, but we try to enjoy the game as much as possible instead of focusing on the scoreboard too much. We love to play beach volleyball and playing games, especially in front of a big crowd, is an amazing feeling!

7. How did you succeed to stabilize your spectacular "playstyle", based on suspended passes ?

Practice, a lot of practice. With the help of our coaches and many hours of practice we now have a working playstyle with jump-sets. However we still have a lot to improve in our game.

8. What do you think about the city of Montpellier ? Did you like playing during the Montpellier World Tour last year ?

Yes, it was a very fun tournament! It was our first win on the World Tour and we will always remember the Montpellier World Tour. It is a very beautiful city and the atmosphere is amazing. You can say that we have some "golden memories" from Montpellier 😊

9. You won the gold medal at the youth olympic games in Argentina, how did you feel about it ? Did you schedule it ?

The youth Olympic games was an amazing experience and a memory for life. Winning the gold medal is still as unbelievable today and we really hope that we can make it to the "big" Olympics in the future.

10. What do you think about the JO 2024 in Paris?

Our goal is to qualify for the olympics 2024. Its going to be a tough journey but we will do everything we can!

11. Montpellier is a land of beach volley. Would you like to come in our city for training before the Paris Olympic Games ?

We really liked Montpellier and we would love to come back sometime to play beach volleyball.

12. What is your next goal?

Our next goal is probably to qualify for the European Championship and try to play as much on the World Tour as possible and improve our ranking.